



Charity Trustee Recruitment – Join Cultivating Change Engaging Communities in Gardening & Growing to support Mental Health

Mental health issues are at crisis levels in the UK, with **1 in 6** children experiencing a diagnosable mental health condition and only **1 in 3** receiving the support they need.

At Cultivating Change (charity no 1199282), we are tackling this crisis head-on. As one of the UK's leading charities using gardening and growing to support mental health, we empower individuals and communities through nature. Based in Cambridge, we supported over 100 schools, 50 community groups and 40 charities nationwide, last year alone. Our ***Cultivate & Educate*** and ***Cultivating Change in the Community*** programmes provide hands-on gardening experiences, seed donations, workshops, and resources to schools, charities, and healthcare settings. 100% of our participants last year reported a positive impact on their well-being.

Join Us as a Trustee

We are looking for a new trustee to help us expand our reach, develop strategic partnerships, and increase our impact. We particularly welcome applications from individuals with experience in fundraising and/or commercial partnerships, as these skills will strengthen our board.

If you are passionate about mental health, sustainability, and the power of nature, we'd love to hear from you. As a trustee, you will help shape our vision and ensure that horticultural therapy reaches those who need it most.

How to Apply

Please send your CV and a short covering letter outlining why you would be a great trustee for Cultivating Change to anne-marie@cultivatingchange.co.uk before Monday 16th June 2025. If you have any questions or would like to know more please do reach out to Anne-Marie before applying. **Let's cultivate change & grow together—one seed, one garden, one community at a time.**

